WELCOME LETTER FROM THE ATHLETICS DIRECTOR

Dear McNeese Student-Athlete,

On behalf of the McNeese Athletics Department, welcome to McNeese State University and a new phase in your life as you pursue a college education. We are proud you have chosen McNeese to further both your education and athletic career.

As a member of the McNeese athletic family, our expectations for you are similar to your own personal family’s expectations. Act responsibly as you represent McNeese State University. Study, go to class, practice hard, and do your best to excel. Take pride in the opportunity to represent your institution in a first class manner.

The Athletics Department holds the philosophy that the athlete’s most important tasks are pursuit of personal growth through academic work and team experiences and development of a sense of ethical responsibility. The department strives to maintain an outstanding athletics program conducted in a manner that sets an example for good sportsmanship. The department recognizes that its primary commitment is education of the student-athlete and, to this end, extends academic support, tutoring, and priority class scheduling as a few of the tools offered as you progress toward your degree. We encourage you to be responsible as a student-athlete and use these services, so that you can maintain satisfactory progress toward a degree as required by the NCAA.

The Athletics Department is strongly committed to the NCAA and Southland Conference rules and competes at the Championship Subdivision level in football and at the 1-A level in all other sports. We hope you will take full advantage of this opportunity to get a college education while participating in intercollegiate sports. You are an important member of the McNeese Athletics Department. We want you to succeed at the highest level both academically and athletically.

Please remember that the coaches and administrators are here for you. Our goal is to help you succeed in life. Once you have obtained your degree, we hope you will remain involved with the McNeese athletics program as a member of the Alumni Association or a member of the McNeese Athletic Foundation.

We are happy to have you as a part of the McNeese family of student-athletes. Please feel free to contact me should the need ever arise. We wish you the best in all of your collegiate endeavors.

Sincerely,

Tommy H. McClelland II  
Athletics Director

MISSION

The primary purpose of the athletics program is to provide opportunities for student-athletes to achieve personal growth and development through a combination of intercollegiate athletic competition and academics. The program offers student-athletes the opportunity to realize educational goals and to benefit from athletic competition on a national level. The Athletics Department is committed to NCAA and Southland Conference rules compliance and competes in the Championship Subdivision level in football and at the 1-A level in all other sports.

The Athletics Department holds the philosophy that the athlete’s most important tasks are pursuit of personal growth through academic work and team experiences, and the development of a sense of ethical responsibility. The department strives to
maintain outstanding athletic programs conducted in a manner that sets an example for good sportsmanship. The department recognizes that its primary commitment is education of the student-athlete and, to this end, extends academic assistance. Under the auspices of the university, the Athletics Department offers grants-in-aid to qualifying student-athletes, enabling them to pursue both academic and athletic goals.

The Athletics Department provides the guidance necessary for an exemplary and competitive athletics program that is beneficial to students, faculty and staff, administration, alumni, and community. All activities, operations, and decisions of the Athletics Department are guided by principles of equal opportunity.

**NCAA ACADEMIC PROGRESS RATE**

All student-athletes who are receiving athletics aid at McNeese State University contribute to the overall APR for their sport. The academic progress rate is a result of retention and eligibility points awarded each semester. The goal of the APR is for student-athletes to graduate in five years. Student-athletes have the potential of earning 2 points each semester; 1 for academic eligibility and 1 for retention (continued full-time enrollment). A perfect score for a student-athlete is 4/4. Sports whose scores fall below an established benchmark are subject to penalties. These include public warning, reduction in scholarships, reduction in practice/playing times, and postseason competition. McNeese recognizes the importance of this program and expects student-athletes to understand their role in our success.

**ACADEMIC CALENDAR**

(Subject to Change)

**FALL SEMESTER / 2010**

**August**

18 Wednesday  Freshman Orientation
19 Thursday  Late registration begins
23 Monday  Classes begin
25 Wednesday  Last date to register, add courses, make section changes, and change credit or audit classification

**September**

6 Monday  Labor Day Holiday (*University offices closed.*)
10 Friday  Official Reporting Day (14th class day)
17 Friday  Last date to make grade appeal from previous semester
24 Friday  Last date to file for degree for fall commencement

**October**

12 Tuesday  Mid-Term

**November**

4 Thursday  Last date to resign from the University or withdraw from courses
8 Monday  Last date for major professor to receive completed thesis for fall commencement
15 Monday  Last date for comprehensive final examination for graduate degree candidates
19 Friday  Last date for submitting approved thesis for fall commencement
22-26 Mon.-Fri.  Thanksgiving Holiday (*Classes will not meet Saturday, November 27. University offices closed November 24-26.*)
29 Monday  Classes resume
### December

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<thead>
<tr>
<th>Date</th>
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<tr>
<td>6</td>
<td>Monday</td>
<td>Last date for faculty to remove “I” grade from previous semester</td>
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<td>for currently enrolled students</td>
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<td>6</td>
<td>Monday</td>
<td>Classes end <em>(Evening classes will meet,)</em></td>
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<tr>
<td>7</td>
<td>Tuesday</td>
<td>Study Day (Final examinations for evening classes begin.)</td>
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<td>8</td>
<td>Wednesday</td>
<td><strong>Final examinations begin</strong></td>
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<tr>
<td>13</td>
<td>Monday</td>
<td>Final examinations end</td>
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<tr>
<td>14</td>
<td>Tuesday</td>
<td>All grades due by 10:00 a.m.</td>
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<tr>
<td>17</td>
<td>Friday</td>
<td>University closes at 4:30 p.m. and reopens Monday, January 3.</td>
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<tr>
<td>18</td>
<td>Saturday</td>
<td>Commencement exercises, 10:00 a.m.</td>
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### SPRING SEMESTER / 2011

#### January

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<tr>
<td>3</td>
<td>Monday</td>
<td>University reopens</td>
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<tr>
<td>13</td>
<td>Thursday</td>
<td>Freshman Orientation, 8 a.m.</td>
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<tr>
<td>14</td>
<td>Friday</td>
<td>Late registration begins</td>
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<td>17</td>
<td>Monday</td>
<td>Martin Luther King, Jr. Holiday <em>(University offices closed,)</em></td>
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<tr>
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<tr>
<td>4</td>
<td>Friday</td>
<td>Official Reporting Day <em>(14th class day)</em></td>
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<td>11</td>
<td>Friday</td>
<td>Last date to make grade appeal from previous semester</td>
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<td>18</td>
<td>Friday</td>
<td>Last date to file for degree for spring commencement</td>
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#### March

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<tr>
<td>7-9</td>
<td>Mon.-Wed.</td>
<td>Mardi Gras Holiday <em>(University offices closed,)</em></td>
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<td>Friday</td>
<td>Mid-Term</td>
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<td>Last date for comprehensive final examination for graduate degree candidates</td>
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<td>20</td>
<td>Wednesday</td>
<td>Last date for submitting approved thesis for spring commencement</td>
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<tr>
<td>22-29</td>
<td>Fri.-Fri.</td>
<td>Spring Vacation <em>(Classes beginning 4:00 p.m. or later on Thursday, April 21st will not meet on Saturday, April 23rd and 30th. University offices closed April 22nd and 25th.)</em></td>
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#### May

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### ATHLETICS AND CAMPUS TELEPHONE NUMBERS

**Athletics Director**
- Tommy McClelland 337-475-5563
- Cathy Devillier 337-475-5563

**Compliance/SWA**
- Bridget Martin 337-475-5296
- Penny Brown 337-562-4165

**Academic Counselor**
- Deb Kingrey 337-475-5537

**Coordinator for Student-Athlete Mentoring**
- Travis Pickering 337-562-4252

### Baseball
- Terry Burrows 337-475-5484
- Timothy Merrill 337-475-5903
- Clay VanHook 337-475-5904
- TBA

### Men's Basketball
- Dave Simmons 337-475-5480
- David Dumars 337-475-5486
- T.J. Marcum 337-475-5483
- Patrick Haynes 337-475-5481
- Candace Devillier 337-475-5480

### Women's Basketball
- Brooks Donald Williams 337-475-5473
- Garry Brodhead 337-475-5911
- Jada Mincy 337-475-5476
- Sallie Guillory 337-475-5477
- Danita Green 337-475-5473

### Football
- Matt Viator 337-475-5214
- Mike Collins 337-475-5221
- Reggie Nelson 337-475-5213
- Manny Michel 337-475-5212
- Lark Hebert 337-475-5211
- Tim Leger 337-475-5222
- Carlos McGee 337-475-5210
- Broderick Fobbs 337-475-5209
- Michelle Duplantis 337-475-5235

### Strength and Conditioning
- Zeb Hawkins 337-475-5252

### Men's Golf
- Neel Derouen 337-562-4139
- Kevin McArthur 337-562-4139

### Women's Golf
- Michael Fluty 337-562-4109

### Soccer
- Scooter Savoie 337-475-5216
- Allison Holladay 337-475-5368
- Kyra McDonough 337-562-4266

### Softball
- Natalie Poole 337-475-5475
- Andy Lott 337-475-5619
- Robyne Siliga 337-562-4132

### Tennis
STUDENT-ATHLETE CONDUCT CODE

Participation in intercollegiate athletics at McNeese State University is a privilege and a unique opportunity during your college career. As a student-athlete, you benefit from athletics by having the opportunity to develop your potential as a skilled performer, to grow emotionally, socially, and intellectually, to travel and represent McNeese and to learn the art of being a productive team member. The Athletics Department is proud that you are a student-athlete and pleased to have you represent the University in athletic competition.

The University expects you to train and strive for your highest degree of athletic excellence, to demonstrate academic honesty and integrity, and to conduct yourself as a responsible citizen. You are responsible for the National Collegiate Athletic Association (NCAA) and Southland Conference (SLC) rules and regulations regarding your eligibility for intercollegiate athletic participation.

All students who enroll in the University are expected to comply with criminal and civil laws of the United States and the State of...
Louisiana, the McNeese Code of Student Conduct, the McNeese Academic Integrity Policy, and all other University policies and regulations. Detailed information regarding student rights and responsibilities may be found on the University’s Student Rights and Responsibilities website at mcneese.edu/ssrr. Student-athletes are also expected to adhere to the principles and policies embodied in the student-athlete conduct code which follows:

**UNETHICAL CONDUCT**

Per NCAA Bylaw 14.01.3.3, a prospective or enrolled student-athlete who is found to have engaged in unethical conduct shall be ineligible for intercollegiate competition in all sports. Unethical conduct consists of, but is not limited to:

(a) Fraudulence in connection with entrance or placement examinations;
(b) Engaging in any athletics competition under an assumed name or with intent otherwise to deceive;
(c) Dishonesty in evading or violating NCAA regulations; or
(d) Knowingly furnishing the NCAA or other individual’s false or misleading information concerning the student’s involvement in or knowledge of matters relevant to a possible violation of NCAA regulations.

**STANDARDS OF CONDUCT**

1. As a student-athlete at McNeese State University, you are a **public figure** responsible for representing the University in the most positive way. Your behavior must be exemplary at all times and befitting the expectations of your teammates, the coach, the University, and community. You must also conduct yourself so as not to impair the welfare or educational opportunities of others in the University community.

2. The following misconduct is subject to disciplinary actions(s):
   A. Violation of civil or criminal laws.
   B. Violation of the McNeese State University Student Code of Conduct.
   C. Repeated and persistent violation of team rules, including but not limited to:
      • Conduct reflecting negatively on the team, program, and University.
      • Absenteeism from practices, meetings, and competition.
      • Tardiness for practices, meetings, and competition.
      • Use of abusive language during team practice and competition.
      • Noncompliance with team dress.
      • Noncompliance with prescribed treatment for athletic injury.
      • Noncompliance with expected conduct during team travel.
      • Noncompliance with policies regarding use of drug, alcohol, and tobacco products. In accordance with the McNeese Code of Student Conduct, any McNeese State University student found guilty of possession of an illegal substance in the McNeese Drug Free Zone may be suspended from the University for one semester.

As a college athlete, you must follow the rules of the NCAA. NCAA Bylaw 10.3 specifically prohibits sports gambling. In addition, the following applies:

1. Neither coaches nor student-athletes may wager legally or illegally on college or professional athletics.
2. Neither coaches nor student-athletes may share information that will be used for gambling purposes.
3. Sports wagering in any state other than Nevada is illegal.
4. Internet sports wagering is an illegal activity.

**** Disciplinary regulations for intercollegiate athletics are set forth in writing to give student-athletes general notice of prohibited conduct. Misconduct includes, but is not limited to, those specific actions listed in this code. The regulations should be read broadly and are not designed to define conduct in exhaustive terms.

**DISCIPLINARY SANCTIONS**

Student Rights and Responsibilities Statement may be found at www.mcneese.edu/policy/docs/student%20rights%20and%20responsibilities.pdf.

1. Sanctions for Violation of the Student-Athlete Conduct Code may include any of the following:
   **A. Reprimand:** The student-athlete is warned in writing that further misconduct may result in more severe disciplinary sanctions.
   **B. Restitution:** The student-athlete may be required to make payment to the University or community for damage incurred as a result of misconduct.
   **C. Probation:** The student-athlete continues as a member of the team, but may be precluded from specific activities or must abide by other restrictions or conditions imposed during the probation period.
   **D. Suspension:** Separation from the team for a period of time.
E. Expulsion: Permanent separation of the student-athlete from the team and intercollegiate athletics at McNeese. Expulsion may also include withdrawal of the student-athlete’s athletic scholarship.

2. A student who violates civil/criminal law, the McNeese Student Code of Conduct, or violates team rules risks expulsion or suspension from participation in intercollegiate athletics unless specific factors are present. Factors considered may include the present demeanor and past disciplinary record of the offender, the nature of the offenses and the severity of any damage, injury or ban resulting from it.

3. Temporary Suspension: The Department of Athletics reserves the right to take necessary and appropriate action to protect the safety and well-being of the University community. A student-athlete may be suspended from a team activity by the Head Coach pending prior notice whenever there is evidence that the student-athlete’s continued presence would constitute a threat to himself or others to normal team operation. In cases of temporary suspension, the athlete will be given an opportunity to meet with the Athletics Director within five (5) business days from the effective date of the suspension.

CONDUCT / PLAYER APPEARANCE / ALCOHOL POLICIES

Player conduct and dress policies applicable to team travel and home events shall be established by the coach and ensure that players conduct themselves in a manner reflecting positively upon the reputation of McNeese State University. Note: NCAA rules prohibit travel uniforms or outfits. One polo or oxford style shirt may be provided per NCAA Bylaw 16.8.2.1. Student-athletes shall refrain from partaking of alcoholic beverages while representing McNeese at competitive events or official social events related to such competition.

DRUG POLICY

The McNeese State University Athletics Department believes that the use of controlled substances and performance-enhanced drugs constitute a threat to the integrity of intercollegiate athletics and represents a danger to the health and careers of student-athletes, and unduly exposes student-athletes to exploitation.

Because of pressures and adulation that often accompany sports success, the Athletics Department recognizes that our student-athletes may be particularly vulnerable to substance and chemical abuse. As a department, we are committed to the overall development of our student-athletes and have adopted a policy and program for drug education and the prevention of drug abuse. This policy entails a comprehensive program of education, prevention, testing, and rehabilitation of student-athletes engaged in the intercollegiate athletics program at McNeese State University.

The McNeese State University Athletics Department Substance Abuse Program is in compliance and accordance with the policies and programs of McNeese State University, Southland Conference, and the NCAA. It can be reviewed online at www.mcneesesports.com. The National Center for drug free sports will provide you with confidential information concerning banned substances including dietary supplements. For information, call the resource exchange center at (816) 474-7321 or (877) 202-0769. The Director of Sports Medicine is available to assist you with any questions or problems you may have with banned substances or dietary supplements. He may be contacted at the Dowell Fontenot Sports Medicine Center at (337) 475-5206.

HAZING POLICY

McNeese State University prohibits any student organization or group from employing a program of pledge education which includes “HAZING.” Hazing is defined as any action taken or situation created, whether on or off campus, which is life threatening to the individual or consists of kidnapping, paddling, slapping, branding, burning or any other activity which produces mental or physical harm or humiliation. It shall be the duty of any student-athlete to report immediately, in writing, any violation of this policy to the Office of Student Services or University Police. An immediate investigation will be initiated and appropriate disciplinary actions taken. Students should review the complete Hazing Policy on the McNeese Web site at www.mcneese.edu/students/antihazing.php.

DIVERSITY AWARENESS POLICY

McNeese State University does not discriminate with regard to ethnicity, race, color, national origin, sexual orientation, religion, disability, veteran status, age, or sex in admission to or employment or participation in its education programs, services, and activities. Inquiries concerning the application of Title IX and its implementing regulations or equal opportunity may be referred to the ADA Coordinator, Title IX Coordinator, and Equal Opportunity Officer: Vice President of Special Services and Equity, Box 93248, McNeese State University, Lake Charles, LA 70609. Telephone: VOICE (337) 475-5428; FAX (337) 475-5960; TDD/TTY, Hearing Impaired (337) 562-4227; or @mcneese.edu; @mcneese.edu.

The University has adopted The Diversity Awareness Policy to provide for prompt and equitable resolution of discrimination complaints. The Policy describes the grievance procedure for individuals who have experienced discrimination. The Policy further defines racial discrimination, sexual harassment/discrimination, gender discrimination, sexual orientation discrimination, age discrimination, and discrimination against individuals with disabilities. The grievance procedures for individuals with disabilities confirms the University’s commitment to providing accessibility to its programs, services, and activities for individuals with disabilities who are otherwise qualified and entitled to an accommodation.

Individuals who believe they have experienced discrimination, but are uncertain as to whether a complaint is justified or whether they wish to initiate a formal written complaint may discuss their concerns confidentially and informally with the Vice President of Special Services and Equity.
SERVICES FOR STUDENTS WITH DISABILITIES

Students with disabilities should contact the Office of Services for Students with Disabilities to learn more about support services that are offered: Drew Hall, Room 200, (337) 475-5916, or @mcneese.edu. Students may also consult a staff member at the Counseling Center and the Dean of Student Services.

GRIEVANCE POLICY

The Athletics Department is committed to resolving complaints or grievances brought to its attention. Persons with complaints/grievances may contact the Director of Athletics, (337) 475-5563, to schedule a meeting to discuss the problem. If the Director of Athletics is unable to bring about resolution of the problem, it may be referred to the Vice President of Special Services and Equity at (337) 475-5428. A written explanation of the grievance is required. Student-athletes can also access the grievance policy online at http://www.mcnese.edu/policy/diversity.asp or email the Office of Special Services and Equity at @mcneese.edu. The Office of Special Services and Equity is located in Smith Hall, Room 127.

STUDENT–ATHLETE ORIENTATION

Each fall, the Compliance Coordinator and Academic Counselor will meet with all student-athletes by team. They will review important NCAA information as well as McNeese policies. You will be given important information about Department, University, Conference, and NCAA rules and regulations.

NCAA ATHLETIC ELIGIBILITY REQUIREMENTS

McNeese State University is a member of the NCAA and the Southland Conference and, as such, adheres to all rules thereof. There will be no tolerance regarding NCAA rule violations. When in doubt, ask your coach or Compliance Coordinator for a rules interpretation. You are ultimately responsible for your eligibility. Do not take chances with your academic/athletic career; be certain before you act.

PROMOTIONAL ACTIVITIES

All charitable, educational, and nonprofit promotional activities must have the written approval of the Athletics Director PRIOR to any student-athlete(s) participation. This permission or release form may be obtained from the Compliance Coordinator at McNeese. Not having this form completed could render the student-athlete ineligible.

EQUIPMENT AND APPAREL

Players are responsible for the proper upkeep of all issued equipment and apparel. The return of these items should be in a timely manner, following the conclusion of the sport’s season. The student-athlete may be held financially responsible for items damaged or not returned.

REQUEST FOR RELEASE TO TRANSFER

Students interested in transferring to another university are required to submit a written request to the Compliance Office. A decision regarding the release will be rendered within 7 business days of the request. If the request is denied, the student-athlete may appeal the decision. A hearing will occur within 15 business days of receipt of the appeal.

(13.1.1.3.1 HEARING OPPORTUNITY)

If the institution decides to deny a student-athlete’s request to permit any other institution to contact the student-athlete about transferring, the institution shall inform the student-athlete in writing that he or she, upon request, shall be provided a hearing conducted by an institutional entity or committee outside of the athletics department (e.g., the Office of Administration and Student Affairs; Office of the Dean of Student Services; or a committee composed of the faculty athletics representative, student-athletes and non-athletics faculty/staff members). The institution has established procedures for promptly hearing such a request. You may view these procedures online at www.mcneesports.com.

TICKET POLICY

Regulations: Complimentary admissions shall be provided only through a pass list for individuals designated by the student-athlete. “Hard Tickets” shall not be issued. The institution shall be responsible for this administrative procedure, and the student-athlete’s eligibility shall be affected by involvement in action contrary to the provisions of 16.2.1.1 and 16.2.2.1 (i.e., receipt of more than the permissible four complimentary admissions or the sale or exchange of a complimentary admission for any item of value). Your head coach will inform you before the first competition as to the dates and times to assign your complimentary tickets. It is not permissible to provide prospective student-athletes (recruits) complimentary admission at away from home contests or conference tournaments.

Issuance Procedures: The individual utilizing the complimentary admission must present identification to the person supervising the use of the pass list at the admission gate. The individual then shall be provided with a ticket stub or other information of a specified reserved seat, directed to a specific reserved-seating or seating area, or treated as a general admission ticket holder.
AGENT POLICY

NCAA rules state: “Any individual who contracts or who has ever contracted orally or in writing to be represented by an agent in the marketing of the individual’s athletic ability or reputation in a sport no longer shall be eligible for intercollegiate athletics within that sport. An agency contract not specifically limited in writing to a particular sport or particular sports shall be deemed applicable to all sports.

Securing advice from a lawyer concerning a proposed professional sports contract shall not be considered contracting for representation by an agent under this rule unless the lawyer also represents the student-athlete in negotiations for such a contract. A proposed contract also may be reviewed by an authorized institutional career counseling panel, which may meet with the student-athlete and representatives of professional teams. Any individual, agency or organization representing a prospective student-athlete for compensation in placing the prospect in a collegiate institution as a recipient of athletically-related financial aid shall be considered an agent or organization marketing the athletic ability or reputation of the individual.”

The following guidelines should be observed in order to ensure your avoidance of any practice which might endanger your eligibility of good standing as a student-athlete:

1. Report any contact – personal, verbal, or written – by anyone wishing to represent you to your head coach or the Compliance Coordinator. Be certain to get names, addresses, and phone numbers of any such person.

2. Inform any agent or counselor that they should contact your coach or the Compliance Coordinator prior to any further contact. They will be informed of the “Agent Guidelines” at that time.

3. Remember the following critical points:
   a. No verbal or written contract is permitted before eligibility is complete.
   b. Do not accept money or loans from any agent or counselor.
   c. Do not permit any agent or counselor to buy meals, clothes, or anything of material value.

   REPORT ANY CONTACT BY AN AGENT OR COUNSELOR.

OUTSIDE COMPETITION

DURING THE ACADEMIC YEAR

You are not eligible in your sport for the remainder of the year and the next academic year if, during the academic year, you competed as a member of any outside team in any non-collegiate, amateur competition. You may compete outside of your declared playing and practice season as a member of an outside team in any non-collegiate, amateur competition during any official vacation period published in your institution’s catalog. (Bylaws 14.7.1, 14.7.1.1 and 14.7.3)

Check with your coach or Compliance Coordinator prior to participation.

SUMMER VACATION PERIOD

Student-athletes who plan to participate on an outside team during the summer vacation period must notify their head coach prior to participation.

TIME LIMITS FOR ATHLETICALLY-RELATED ACTIVITIES

In all sports, the following time limitations shall apply:

1. DAILY AND WEEKLY HOUR LIMITATIONS – PLAYING SEASON

   A student-athlete’s participation in countable athletically-related activities shall be limited to a maximum of four (4) hours per day and twenty (20) hours per week. Daily and weekly hour limitations do not apply during an institution’s official vacation period, including time between terms when classes are not in session.

2. WEEKLY HOUR LIMITATIONS – OUTSIDE OF PLAYING SEASON

   Outside of the playing season during the academic year, only a student-athlete’s participation in the countable, athletically-related activities shall be permitted. A student-athlete’s participation in such activities shall be limited to a maximum of eight (8) hours per week, of which not more than two (2) hours per week may be spent on individual skill workouts. A student-athlete may not participate in any countable, athletically-related activities outside the playing season during any vacation period.

   Please Note: The following activities are NOT to be counted:
   • Training table or competition-related meals
   • Physical rehabilitation
   • Dressing, showering, taping
   • Study hall, tutoring
   • Meetings with coaches on non-athletic matters
   • Travel to and from practice and competition
   • Medical exams or treatments
• Participation in regular P.E. classes
• Voluntary individual workouts and film review, provided they are not required by coaches; may be monitored by conditioning coach, for safety purposes.
• Individual consultation with coach initiated by student provided you do not engage in any athletically-related activity.

**NON-PERMISSIBLE MEDICAL EXPENSES**

The Athletics Department of McNeese State University will **NOT** provide the following medical expenses:

a. Surgical expenses to treat a student-athlete’s illness or injury that was not a result of practice or participation in intercollegiate athletics at the institution.

b. Medical or hospital expenses incurred as the result of an injury while going to or from class, or while participating in classroom requirements.

c. Teeth cleaning, provisional filling of teeth or other dental work, unless the dental work is directly related to injury to the teeth that occurred during practice or competition.

**NON-PERMISSIBLE SUPPORT SERVICES**

Services that may not be financed by the institution include the following:

a. Typing costs
b. Course supplies (e.g. calculators, art supplies – unless the student-athlete qualifies for special assistance fund) and

c. It is not permissible to allow a student-athlete to use a telephone or credit card for personal reasons without charge or at a reduced cost.

**DIVISION I EMPLOYMENT EARNINGS**

Bylaw 15.2.7 has been amended effective August 1, 2003. Earnings from student-athlete’s employment both on-campus as well as off-campus which occurs at any time, is exempt and is not counted in determining a student-athlete’s full grant-in-aid or in the institution’s financial aid limitations, provided:

a. The student-athlete’s compensation does not include any remuneration for value or utility that the student-athlete may have for the employer because of publicity, reputation, fame or personal following that he or she has obtained because of athletics ability.

b. The student-athlete is compensated for work actually performed.

c. The student-athlete is compensated at a rate commensurate with the going rate in that locality for similar services.

This employment is reported on Form 23 “Statement of Financial Support” prior to beginning employment.

**HOSTING A RECRUIT**

If you are a student-athlete host, it is permissible to provide you with $30 for each day you host the prospective student-athlete. This is to cover all “actual and necessary” expenses you incur. If you entertain more than one prospect, you may receive an additional $15 per day for each prospect. Please remember that in keeping with NCAA regulations, you and your guest(s) are not allowed to go beyond a 30-mile radius. Also, you may NOT buy T-shirts for a prospect or give money to a prospect. As a host, you are required to abide by the McNeese official visit policy that prohibits the use of alcohol, drugs, or participation in gambling activities during the visit.

Prospective recruits are not permitted to engage in athletics activities that display athletics ability with institutional coaches present. (e.g. “Pick-up” games are not permitted if directed or observed by coaches. Also, reporting back to coaches about the prospect’s abilities displayed in “pick-up” games is prohibited.)

**REDSHIRT/MEDICAL HARDSHIP POLICY**

Every student-athlete is allowed five (5) years to complete four (4) seasons of competition. This means that every student-athlete is allowed to redshirt one season of athletic participation. A redshirt is defined as a season during which a student-athlete does not participate in any intercollegiate competition for an institution that is a member of the National Collegiate Athletic Association. A student-athlete can be redshirted at any point during his/her athletic career. A student-athlete will use a season of intercollegiate eligibility when he/she:

• Represents an institution in any contest against outside competition, regardless of how the competition is classified (e.g. scrimmage or exhibition).

• Competes in the uniform of an institution during an academic year, utilizes any apparel or equipment received from an institution for competition.

• Competes and receives expenses (e.g. meals, transportation, room) from an institution for competition.

Should a student-athlete become injured in the first half of the season, has not participated in excess of 30% of the scheduled contests, and the injury results in the inability to compete the remainder of an athletic season, an institution may petition the NCAA for a medical hardship. The request should be initiated by the head coach of the student-athlete’s respective sport.
MCNEESE STATE UNIVERSITY ORIENTATION

All freshman student-athletes are expected to attend freshman orientation. Orientation is designed to provide students with information about university policies and procedures and information specific to their field of study. Student-athletes will register for freshman orientation with the assistance of their advisor.

FRESHMAN FOUNDATIONS AND STUDENTS IN TRANSITION

The mission of the Office of Freshman Foundations and Students in Transition is to promote the educational and personal success of all students who are in their first year at McNeese. One of the primary functions of the office is to facilitate the offering of Freshman Foundations 101 (FFND101). The Freshman Foundations course is taught through the academic college in which a student is pursuing a major and offers students information in three basic areas related to success at McNeese. One, the student is introduced to the writing culture on campus, the Write to Excellence initiative, the Write to Excellence Center, and the campus-wide scoring guide or rubric used to grade writing. Two, basic college success skills such as how to budget time, improve study habits, and utilize campus resources effectively are discussed. Three, the specific expectations of the student’s major are explored in the last part of the course. Every first-time freshman is required to enroll in an appropriate section of FFND 101 during the first semester at McNeese. For more information, contact the director at 562-4207.

STUDENT CLASSIFICATION

Definitions of undergraduate student classification are as follows:

FRESHMAN: A student who has not earned 30 semester hours.
SOPHOMORE: A student who has earned a minimum of 30 semester hours.
JUNIOR: A student who has earned a minimum of 60 semester hours.
SENIOR: A student who has earned a minimum of 90 semester hours.

ATHLETIC ELIGIBILITY

One of the primary goals of the Athletics Department is to have each student-athlete pursue and obtain an academic degree. Student-athletes have the responsibility of attending class on a regular basis, completing all classroom assignments, and conducting themselves in all academic matters in ways that are consistent with acceptable classroom performance. The student-athlete is required to meet all University and college academic requirements as well as eligibility rules of the University, NCAA, and the SLC. Although academic progress and eligibility are monitored by the Athletics Department, it is the responsibility of the student-athlete to ensure that applicable requirements are being met. If students have questions regarding eligibility, they should read the Satisfactory Progress requirements in the NCAA section of the handbook or consult the Academic Counselor for Student-Athletes.

ACADEMIC ADVISING

Although the Academic Counselor for Student-Athletes will assist with the registration process, student-athletes must confer with their academic advisor before or during each registration and at any time when decisions concerning registration (such as withdrawing from class) are made. Advisors are members of the faculty or staff of the college in which students are enrolled. They provide assistance in planning students’ academic programs and help them to become familiar with the academic offerings and regulations of the University and with academic support services. Each department or program assumes responsibility for advising those students who have declared majors in that area. Student-athletes whose advising needs are not being met should bring the matter to the attention of the Academic Counselor for Student-Athletes.

REGISTRATION

All student-athletes, including those students not declaring a major, must enroll in one of the following academic units: College of Business, Burton College of Education, College of Engineering and Engineering Technology, College of Liberal Arts, College of Nursing, College of Science, or General and Basic Studies. Additionally, all beginning freshmen are assigned to General and Basic Studies. Information regarding registration periods and procedures is included in the schedule of classes available online each semester.

REGISTRATION PERIODS

Student-athletes must register during one of the formal registration periods. Currently enrolled students are expected to register during regular registration held each semester for the following semester. Student-athletes who do not register during the regular registration period can register during the late registration period which immediately precedes the beginning of classes. A $50.00 late fee is assessed to the students registering during late registration.

VARSITY SPORT CLASS ENROLLMENT

Only members of the University varsity teams (as indicated on the squad lists) and official managers of the University varsity teams (as indicated by scholarship list) will be enrolled in the varsity sport class. If a student enrolled in a varsity sport course quits the team or is cut from the team before the last day to withdraw, the student will be withdrawn from the course by the Registrar’s Office. If a student enrolled in a varsity sport course quits the team or is cut from the team after the last day to
withdraw, the student will be allowed to remain in the course. You are responsible for registering for your varsity sport class each fall and spring semester.

CLASS ATTENDANCE

Student-athletes are expected to attend all classes. Permission to make up missed class work as a result of absence is granted at the discretion of the instructor. Although individual instructors may have policies ranging from two absences to unlimited absences, the Athletics Department policy supersedes all instructor policies. The only times that a student-athlete should miss classes are:

1. Absences due to an athletic contest or travel to an athletic contest.
2. Illness or injury verified by a doctor or training room.
3. Personal reasons with prior approval of the instructor and the Academic Counselor for Student-Athletes.

Student-athletes must provide a copy of their sports’ schedule and class excuses for team travel to their instructors at the beginning of each semester. Arrangements for taking any examinations or completing work assignments affected by team travel are the responsibility of each student-athlete. The student-athlete must contact the instructor to arrange make-up exams or assignments within 2 weeks after the absence if arrangements cannot be made prior to the absence.

Due to the importance of class attendance, the Academic Counselor for Student-Athletes will monitor attendance of all student-athletes. All unexcused absences will be reported to the head coach. McNeese attendance regulations permit an instructor to assign a “WN” (Withdrawal for Non-Attendance) as a final grade if the student’s unexcused absences exceed 10% of the total classes.

COURSE LOAD

The normal load is 15-18 semester hours for a regular semester and 6-9 for a summer session. The maximum course load is 22 semester hours of credit in a regular semester and 12 semester hours in a summer session. In order to schedule more than the maximum load, a student must have a 3.25 grade point average the previous semester or a cumulative 3.25 grade point average. The maximum number of hours a student in Basic Studies can take is 18 hours for a regular semester. Any student can request to be registered for more than 18 hours, but they must get the form from the Basic Studies office and appeal, in writing and in person, to the Basic/General Studies department head. (This is not applicable to those pursuing a General Studies degree-only Basic Studies.)

ACADEMIC SUPPORT

PURPOSE - The Athletics Academic Center of the McNeese State University Athletics Department was established to assist student-athletes in their efforts toward educational attainment and graduation. Recognizing the difficulty in being a student and an athlete, the office seeks to help students develop appropriate skills which will allow them to maximize their academic potential while members of intercollegiate athletic teams. Accurate record keeping, charting of academic progress and NCAA rules compliance will also be monitored. However, the ultimate responsibility for athletic eligibility rests with the student-athletes and their respective coach.

The Academic Counselor for Student-Athletes serves as a liaison between the Athletics Department and all University staff, faculty and personnel regarding concerns and procedures. All academic services provided by the Athletics Department shall be in total compliance with our institutional responsibility as it relates to Conference and NCAA rules, regulations, agreements, precedents, and published interpretations.

The Athletics Department goals regarding student-athletes are:

1. Select quality student-athletes for admission.
2. Provide the student-athlete support and encouragement.
3. Encourage commitment to and continued interest in academic progress.
4. Enhance the image of the University and provide service to the community.

DESIGNATION OF A MAJOR DEGREE PROGRAM

Student-athletes must designate a major program of study by the beginning of their third year of enrollment (fifth semester) and thereafter meet progress toward degree requirements. This also applies to transfer students who may not have completed an academic year in residence at McNeese State University.

CHANGE OF CURRICULUM

A curriculum change form may be obtained from the Office of the Registrar. The academic department heads involved must approve the change. All copies of the completed form must be returned to the Office of the Registrar. Always discuss any changes in your curriculum with the Academic Counselor for Student-Athletes before beginning this process.

ADDING AND DROPPING COURSES

A currently enrolled student-athlete who has registered should make any necessary or desired schedule adjustments such as adding or dropping courses or changing sections during the designated period scheduled for the same semester. A grade of “W”
is given when a student withdraws from a class during a designated period with the approval of his faculty advisor. Drop-add deadlines for fall, spring, and summer sessions can be found online. **Student-athletes must contact the Academic Counselor for Student-Athletes before making any schedule changes and the Academic Counselor's signature is required when a student-athlete drops a course during the semester.**

**REPEATED COURSES**

If you repeat a course, the first grade is not dropped. McNeese does not have a “Repeat/Delete” policy. The repeated course may or may not be used for eligibility purposes. **NOTE:** Certain courses require a minimum grade of “C” in order to fulfill graduation requirements. Once their major has been declared, student-athletes must earn a “C” or better in those courses in order for them to be used for eligibility.

**SCHOLASTIC PROBATION AND SUSPENSION**

When reading the rules listed below, the student must keep in mind that academic probation or suspension becomes effective at the end of the semester or term in which the student fails to attain the required grade point average. Although students will usually receive official notification of such action, such notice is not a prerequisite to the student being placed on probation or suspended.

1. A student will be placed on academic probation whenever the cumulative grade point average is 10 or more quality points below a 2.0 average; that is, the total number of hours attempted, multiplied by two, exceeds the quality points earned by 10 or more.
2. Once on academic probation, a student will remain on probation (as long as each semester or summer session average is at least 2.0) until a cumulative grade point average of 2.0 or higher is achieved.
3. Once a cumulative grade point average of 2.0 or higher is achieved, a student will be placed in good academic standing.
4. Transfer students may be admitted on probation, pending receipt of credentials to determine academic status.
5. A student on academic probation will be suspended at the conclusion of any semester or summer session in which a grade point average of at least a 2.0 is not obtained. First-time freshmen will not be suspended prior to the completion of two semesters of enrollment.

**ATHLETIC ACADEMIC TUTORING**

The utilization of tutors is a privilege designed to assist student-athletes with their academic course work. Student-athletes are encouraged to seek tutorial assistance in The Tutoring Center (Kirkman Hall, Room 129) for math, chemistry, computer science, physics and statistics and the Write to Excellence Center (Drew Hall, Room 234) for English. Upon request, student-athletes can also utilize departmental tutors. Student-athletes should always have relevant class materials, books, and homework for tutorial sessions. Remember, tutors are here to assist you, not to complete the work for you.

Hours of operation for The Tutoring Center are posted each semester. Call 475-5763 for further information. Hours of operation for The Write to Excellence Center are also posted each semester. Call 562-4206 for further information.

**MCNEESE STATE ATHLETIC ACADEMIC CENTER**

Our goal is to assist in the development of every student-athlete while providing them with the skills necessary for success both on the field and in the classroom. The Athletic Academic Center is located in Drew Hall, Room 228. The Athletic Academic Center is an area reserved for study and tutoring. Student-athletes have access to computers, individualized study areas, and group study opportunities.

I. Sign In Procedures

Student-athletes are required to check in and out of the Academic Center with their University ID.

II. Rules and Regulations

1. Treat all tutors and study lab monitors with respect. They are here to assist you, not to do the work for you.
2. No food or drinks allowed at the computers.
3. No tobacco allowed. (NCAA Policy)
4. No sleeping allowed. If you are not doing something constructive with your time, you will be asked to leave.
5. Cell phones must be turned off.
6. No profanity or excessively loud talking allowed.
7. All academic work must be saved on your own personal disk. Do not save to the hard drive.
8. Do not download games to the computers.
9. Pornography and **ALL** non-academic websites are not allowed.

**NOTE:** ANY STUDENT-ATHLETE WHO DOES NOT ADHERE TO THE RULES AND REGULATIONS OF THE TUTORING CENTER, THE WRITE TO EXCELLENCE CENTER, OR THE ATHLETIC STUDY LAB WILL BE ASKED TO LEAVE.
NCAA REQUIREMENTS/FULL-TIME ENROLLMENT

Student-athletes MUST be registered as a full-time student to practice and/or play a sport at McNeese State University. This means you must carry at least 12 hours per semester of coursework. All student-athletes should register for a minimum of 15 hours, not including Varsity Sport.

Exception: Final Semester – A student-athlete may compete with less than a minimum full-time program of studies, provided the student is enrolled in a final semester of the baccalaureate program and the institution certifies that the student is carrying for credit the courses necessary to complete the degree requirements. (Bylaws 14.1.8.1.3 & 14.1.8.2.1.3)

SIX CREDIT HOUR REQUIREMENT

In order to be eligible for competition, ALL student-athletes MUST successfully complete a minimum of 6 hours the previous regular semester. Interim session and summer session do not satisfy this requirement.

PROGRESS TOWARD DEGREE REQUIREMENTS

To be eligible to represent our institution in intercollegiate athletics competition subsequent to their first year in residence, a student-athlete must complete the following:

24 Hour Rule
Satisfactorily complete 24 semester hours of academic credit before the student-athlete enters his/her second year of collegiate enrollment
AND
18 Hour Rule
Satisfactorily complete 18 semester hours of academic credit (during the fall and spring semesters) since the beginning of the previous fall term or since the beginning of the preceding regular two semesters
AND
6 Hour Rule
Satisfactorily complete at least 6 semester hours of academic credit during the preceding regular academic term in which the student-athlete has been enrolled.

NOTE: Remedial courses may be used by the student to satisfy the minimum academic requirements of progress toward degree if they meet the following conditions:
(a) The course(s) must be considered prerequisites for specific courses acceptable for any degree program
(b) The course(s) must be taken during the student’s first academic year of enrollment and the credit for such course(s) shall not exceed 6 semester hours. (Bylaw 14.4.3.4.6)

GPA REQUIREMENTS

Entering your second and subsequent year of enrollment, you must have the following overall grade point average:

<table>
<thead>
<tr>
<th>Year</th>
<th>GPA</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd</td>
<td>1.80 overall GPA</td>
</tr>
<tr>
<td>3rd</td>
<td>1.90 overall GPA</td>
</tr>
<tr>
<td>4th</td>
<td>2.00 overall GPA</td>
</tr>
<tr>
<td>5th</td>
<td>2.00 overall GPA</td>
</tr>
</tbody>
</table>

40/60/80 PERCENTAGE RULE

To be eligible for athletic competition, student-athletes must successfully complete a certain percentage of their degree requirements.

Entering your third and subsequent years of enrollment, you must have successfully completed the following percent of the course requirements in your specific degree program:

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd</td>
<td>40%</td>
</tr>
<tr>
<td>4th</td>
<td>60%</td>
</tr>
<tr>
<td>5th</td>
<td>80%</td>
</tr>
</tbody>
</table>

PRIOR APPROVAL – SUMMER SCHOOL

Prior approval in writing by appropriate academic officials at McNeese is required if courses taken at another institution are to be utilized in determining your academic status. The appropriate form can be picked up from the Academic Counselor.

CORRESPONDENCE COURSES

Only correspondence courses taken from Louisiana State University (LSU) can be used for eligibility purposes. A student-athlete may not use a correspondence course to meet the minimum 12-hour enrollment requirement.
GRANT-IN-AID

An athletics scholarship is restricted to educational expenses, such as tuition, fees, room, board, and course-related books. Application fees and room deposits are not covered by the athletics scholarship. Additionally, please be aware that if you receive a grant-in-aid, you should check with the Associate Athletics Director for Compliance, 475-5296, and the Scholarship Office, 475-5140, before accepting any additional aid, as it may affect your scholarship allotment. YOU ARE REQUIRED TO SIGN THE SCHOLARSHIP AUTHORIZATION FORM IN ORDER FOR YOUR AID TO BE APPLIED TO YOUR ACCOUNT. FAILURE TO DO SO WILL RESULT IN CANCELLATION OF YOUR CLASSES FOR NON-PAYMENT.

BOOK SCHOLARSHIPS

Athletes receiving books as a part of their athletics scholarship are required to return them to the bookstore by the designated dates. Students will be charged for books that are not returned. Only required course materials as identified in the course syllabus will be provided. PLEASE NOTE: Newly implemented use of LiveText is now required for many core courses. Check your syllabus carefully as LiveText must be purchased at the same time as books.

RENEWAL OF FINANCIAL AID

**Institutional Obligation:** The renewal of institutional financial aid will be made on or before July 1 prior to the academic year in which it is to be effective. McNeese State University will promptly notify in writing each student-athlete who received an award the previous academic year and who has eligibility remaining for the ensuing academic year whether the grant has been renewed or not renewed. Notification of financial aid renewals and non-renewals will come from the McNeese State University scholarship office and not from the Athletics Department.

**Hearing Opportunity Required:** If McNeese State University decides not to renew or decides to reduce financial aid for the ensuing academic year, the institution will inform the student-athlete that he/she, upon request, can be provided a hearing before the institutional agency outside of athletics, making the award. Prior to this hearing, the student-athlete should first appeal his case to the Director of Athletics for possible resolution at this level. The decision to renew or not renew the financial aid is left to the discretion of the institution, to be determined in accordance with its normal practices for students generally.

FEDERAL PELL GRANT

All student-athletes are encouraged to apply for the Federal Pell Grant. A student-athlete may receive a Pell Grant in combination with other institutional financial aid, if determined to be eligible as a result of completing the Free Application for Federal Student Aid (FAFSA) each year.

SPECIAL ASSISTANCE FUND

In addition, student-athletes must apply for the Pell Grant in order to qualify for the NCAA Special Assistance Fund. This fund may assist the student-athlete in providing medical/dental costs not covered by another insurance program. Also covered are costs associated with student-athlete or family emergencies. Applications for the Special Assistance Fund can be obtained from your head coach. The deadline for application for this fund is March 30. For further information, contact Penny Brown at 562-4165.

FIFTH YEAR SCHOLARSHIPS

Student-athletes who have exhausted their eligibility and have not completed their degree requirements are encouraged to apply for a fifth year scholarship. These scholarships are awarded on an individual basis. Head coaches are responsible for determining these awards.

SUMMER SCHOOL SCHOLARSHIPS

The availability of summer scholarships will be determined each year by mid-May. Within limits imposed by the operating budget, summer tuition scholarships may be available for student-athletes in need of classes to fulfill the “satisfactory progress” provision as stipulated by NCAA (Bylaw 14.4.3).

The awarding of scholarships will be determined on an individual basis by the head coach. Athletics aid for summer school is restricted to student-athletes who have been on aid the previous academic year and only in proportion to the amount of aid received (NCAA Bylaw 15.2.8.1.2).

NON-PERMISSIBLE EXTRA BENEFITS

Most student-athletes think of illegal benefits in terms of accepting gifts or money. While certainly that is one form of an illegal extra benefit, you also cannot:

- Receive more than the allotted number of complimentary admissions;
- Sell complimentary admissions at any price; or
- Receive material benefits that are not available to the general student body.
This means that you should not accept special discounts on purchases or services, or even accept special payment arrangements on any purchases. Be very careful of any “free” or “special” benefits that someone wishes to give you. If you are in doubt about such benefits, check with the Compliance Office.

**UNIVERSITY CHARGES NOT PAID BY ATHLETIC SCHOLARSHIP**

Tuition, the loan of required books, room, and board are covered by a full athletics scholarship. The Department is not allowed to pay for the following:

1. Long distance phone charges made from your dorm room (or anywhere else)
2. Cost of treatment for injuries not related to athletics
3. “Consumable university charges” which can be anything from lab fees for breakage to non-required field trips
4. Dorm deposits
5. Library fines
6. Fines for damage to University property, including your dorm room
7. Key deposits or replacement of a lost residence hall key
8. Replacement costs for lost student ID, school supplies, dictionaries, reference books, pens, notebooks, paper, art supplies, and lost or damaged textbooks, etc.
9. Vehicle registration fee
10. Parking hang tags or fines
11. Application fee
12. Orientation fee

* Pay close attention to the room and board amount awarded on scholarship. Generally, it does not include full price of new dorms.

**STUDENT-ATHLETE ADVISORY COMMITTEE**

McNeese State’s Student-Athlete Advisory Committee (SAAC) is a committee made up of student-athletes from each team assembled to provide insight on their experience. Our campus SAAC serves as a conduit of communication among student-athletes, coaches, and athletics administration on issues to improve the student-athlete experience and promote growth and education through sports participation. Concerns can be voiced and solutions offered regarding any issues that may be relevant to NCAA student-athletes.

If you are interested in becoming a member of McNeese State SAAC, please contact the Coordinator for Student-Athlete Mentoring at 562-4252. A member of the SAAC serves on the Athletic Advisory Committee. This committee is responsible for giving advice, support, and making recommendations to the President in the field of Intercollegiate Athletics. Its role is to ensure that the athletic program is operated in a manner consistent with the overall policies and operating procedures of McNeese State University.

**STUDENT LIFE**

Student-athletes are very busy and must make a deliberate effort to focus their energies on academic performance and athletic responsibilities. Even so, it is important that athletes benefit from the total educational experience offered at McNeese. Student-athletes are encouraged to establish relationships and connections throughout the University community by active involvement in student life events, student organizations, the Banners Cultural Series, and activities of the Student Union, Student Union Board, and Student Government Association. Contact the Office of Student Life in the Student Union Annex, 2nd floor, or call 337-475-5609 for information about student life programs and activities.

**PERSONAL COUNSELING**

Everyone at the University is concerned about the personal, social, and academic development of all student-athletes. On occasion, there is a need for the student-athlete to talk with a professionally trained counselor and such assistance is available to the student-athlete by counselors in the University Counseling Center. These professionals are uniquely sensitive to the special needs of student-athletes. The Counseling Center also provides assessment services for students who need to update their records or who have not previously been diagnosed with learning disabilities in order for such students to receive accommodations through the Office of Services for Students with Disabilities. Under no circumstances are the results of these assessments ever released to anyone outside the MSU Office of Services for Students with Disabilities. For further information, contact the Counseling Center at 475-5136.

**PERSONAL DEVELOPMENT SEMINARS**

The Office of Special Services and Equity will conduct annually a personal development seminar for the Student-Athlete Advisory Committee. Other personal development seminars for student-athletes will be conducted as requested by the Department of Athletics.
CAREER SERVICES CENTER

The McNeese Career Services Center offers lifetime career assistance to the students and alumni of McNeese. The center is the campus focal point for students, alumni, and potential employers. It is committed to serving students and employers and assisting both to meet their employment needs. Students are encouraged to register on Cowboy Job Link, which can be done via the web site: www.mcneese.edu/career to have the opportunity to apply and interview for job opportunities.

Career testing is also available to McNeese students by appointment for a fee of $35. The Career Management Battery consists of three assessment tools including aptitude, interest, and personality. This test administration and interpretation are designed to provide information to assist students and explore all relevant occupations. Some of the online programs available to aid in career development and planning are Career Insider, an educational tool utilizing an online career library; a computerized career guidance and planning system called SIGI PLUS; Type Focus Careers, an interactive online program that assists students in developing career plans using personality type strengths; and “What Can I Do with This Major?”, a resource that helps students connect majors with careers as well as outlining common career areas, find typical employers and strategies designed to maximize career opportunities. A new addition that may be accessed via the homepage 24/7 is “Career Spots” covering 18 video topics along with printable informational sheets.

The center offers a variety of other career guidance resources and job search related services as well as skills in resume writing and interviewing. Career and teacher fairs are held biannually as well as “mock interviews” conducted with human resource representatives from various employers. The fairs offer an opportunity for all students of all majors and classifications as well as McNeese alumni to make contact with potential employers in the public and private sector. Teacher job fairs are also held for the benefit of all graduating education majors as well as those completing teacher certification requirements and interested alumni to meet with school districts from Louisiana, Texas, and other states.

The use of electronic applications for students and employers, Cowboy Job Link, enables the Career Services Center to be of greater assistance in the registration and employment process for students, alumni and employers. It is not responsible for assuring employment; however, it provides advice and serves as a liaison between the student and the employer. The student is ultimately responsible for career decisions and employment. The Center is located in Holbrook Student Union Building across from the bookstore.

STUDENT HEALTH SERVICES

Student Health Services operates in Watkins Infirmary and provides acute health care services to all students of the University. Registered nurses are available to provide first aid, self-care aids, and over the counter medications for routine health concerns during daytime business hours. Students who are ill may request early morning appointments to be seen by physicians who come to the Student Health Center throughout the week. Walk-in appointments with physicians are generally not available due to the limited time in which physician consultations are provided. Serious illnesses and injuries and chronic health conditions are referred for care through local physician practices or the nearest emergency room. Injuries and illnesses associated with athletic competition, practice, conditioning or other team-related activities should be reported immediately to athletic training personnel.

STUDENT-ATHLETE NUTRITION AND PERFORMANCE

The Athletics Department of McNeese State University recognizes the importance of overall nutritional welfare for student-athletes. McNeese State University is dedicated to providing student-athletes with important information about preparation for peak performance and ways to improve their nutritional intake. For more information regarding good nutrition and performance, contact the Director of Sports Medicine (475-5206) or visit http://www1.ncaa.org/membership/ed_outreach/nutrition-performance/student/index.html.

ATHLETIC TRAINING ROOM GENERAL POLICIES

I. Policies

1. All injuries must be reported to an Athletic Trainer.
2. McNeese State University will be financially responsible for injuries that are related to athletic events. We request that any necessary physician referrals be filed on your personal insurance.
3. Injuries or illnesses not related to athletics should be reported to the Sports Medicine staff. We will make every effort to assist you in needed medical care, but any expense incurred is your responsibility.
4. Substance abuse will not be tolerated. We will drug test throughout the academic year. McNeese State University will make every effort to correct the problem through the method outlined in the University Drug Policy.
5. We are all here to help you, and we sincerely care about you as an individual. Feel free to use our services.
6. Parents will be informed of any significant medical problem by the Director of Sports Medicine or Physician.

II. Insurance Policy

McNeese State University, as well as other state universities, has decided to be self-insured. McNeese has been self-insured for a number of years. This policy is due to the high cost of athletic insurance premiums. There is, however, catastrophic
insurance coverage provided by the NCAA. The University accepts the responsibility if you are injured while participating with your respective team. If the injury requires surgery or extensive medical fees, we will ask your family to file a claim with their insurance carrier. Any fees not covered by your insurance will be paid by the University. Any questions you or your family may have relating to McNeese State University can be directed to the Director of Sports Medicine.

**TRAINING ROOM RULES**

1. Report all injuries and illnesses to an Athletic Trainer as soon as possible.
2. Treat Student Athletic Trainers with respect and remember that they are an extension of the Sports Medicine staff and need to be treated accordingly.
3. Absolutely no food or drinks in the Training Room.
4. Do not take it upon yourself to self-treat in the Training Room.
5. Be on time for appointments. If you are unable to keep a treatment appointment, please let an Athletic Trainer know.
7. In-season athletes will be treated first. Please attempt to schedule an appointment with an Athletic Trainer.
8. This is a co-ed facility. Please keep that in mind when coming to the Training Room for treatment.
9. No cleats in the Training Room or Taping Room.
10. No shoes on the treatment tables.
11. No bags or backpacks in the Training Room.
12. No profanity, horseplay, or loud talking.
13. The Training Room is not a meeting place. Only come into the Training Room if you need to see an Athletic Trainer or require a service provided by the Sports Medicine staff.
14. If you need care for an open wound, please go to the Taping Room.
15. Please shower before coming to the Training Room for evaluation or treatment unless otherwise instructed by an Athletic Trainer.
16. Equipment is for rehabilitation only. Use only equipment designated by an Athletic Trainer.
17. Check-in with an Athletic Trainer prior to working out.
18. Please wear appropriate footwear when utilizing equipment.

**WEIGHT ROOM POLICY**

1. Know your personal strengths and weaknesses.
2. Do not drop or bang weights on floor or plates of weight machines.
3. Do not lean free weight plates against walls, benches or other weight machines.
4. Strip down barbells and return weights to the correct holder.
5. Return equipment (dumbbells, medicine balls, etc.) to their proper place once you have finished using them.
6. Keep the weight room clean.
7. Stools and benches will remain at their designated stations.
8. Tennis shoes must be worn.
9. McNeese attire must be worn.
10. Do not wear hats.
11. Do not wear earrings during workouts.
12. No smoking, chewing or spitting allowed in weight room.
13. Be respectful.